

# Reiki 1

*This beautiful weekend of self-discovery has had a positive effect on the lives of many participants, enhancing their self-knowledge, confidence, intuition and synchronicity with people and events. Find a place of peace within and activate your body's innate ability to heal itself.*

*Discover the significance of "energy" - both yours and others  
Learn to work with energy and connect to your personal power*

Reiki is a laying-on-of-hands touch healing system of incomparable ease and power. It is a technique for stress reduction and relaxation that allows everyone to tap into an unlimited supply of "life force energy" to improve health and enhance the quality of life.

## Reiki activates the body's innate ability to heal itself

This "Life Force Energy" has been verified scientifically and Medical doctors are considering the role it plays in the functioning of the immune system and the healing process.

*"To fully appreciate Reiki it is first necessary to know where it came from and how it reached the West. The story spans almost all of the written records of humanity, and the healing system itself is certainly older than any written account ... "*

### Certified Instructor:

**Keren Wigley**  
Reiki Master\Teacher  
Teacher of Meditation

Registration: 0409 706727 or online at  
[www.holistichealthmelb.com.au/courses-3](http://www.holistichealthmelb.com.au/courses-3)

### Course dates:

11-12 November 2017  
Sat-Sun  
9am-6pm  
\$450 (\$250 deposit)

### Course location:

69 Flinders Lane  
(through Endota Spa)  
Melbourne

### Includes Reiki 1 Attunements, Manual, Reiki 1 Certification. Refreshments provided.

Eight sacred symbols and four sacred Attunements are given to you during the course. While the manuals provide the theoretical knowledge that you will need and use, it is the practical experience, learning journey, sacred symbols and attunement process which empowers you to become a clear channel for the Reiki energy.

### What you will learn:

- ✓ Explore, discover and develop your intuition so that you can recognise and trust your inner guidance
- ✓ Learn about your energy system, Meridians, Chakras and Aura
- ✓ Understand the principles of Reiki and learn the Usui system of Reiki Healing
- ✓ Learn how to administer self-treatment and treatment to other people, pets and plants
- ✓ Participate in practical sessions in giving and receiving Reiki treatment with others
- ✓ Receive Reiki 1 Attunements and a Reiki 1 Certificate

## What participants have said:

*"I am enough" was always a lovely cliché but deep down I didn't really believe it. Now, after this workshop, I know this with every cell in my body and the feeling is liberating and empowering".*

*"It was amazing – I felt my heart opening and during the week following the course, I felt a sense of awakening and an awareness, for the first time, of the true meaning of unconditional love it moved me to tears".*

*"I felt very comfortable, warm and welcomed. Acceptance of my individuality and the beauty of positive reinforcement couldn't have done it any better for me".*

*"Thank goodness I enrolled in the course. The beneficial healing effects it had were overwhelming".*

*"Since the course things in my life has been just falling into place. I also feel calmer, much more relaxed and very focused"*

*"The weekend course was a truly beautiful experience. I learnt so much and felt a real sense of love and peace. I feel lighter, clearer and more confident"*

*"Keren has such a beautiful way of teaching this sacred procedure, I feel privileged to have shared my Reiki journey with her and the others in the group".*

# REGISTRATION FORM

Reiki 1 Weekend Workshop  
11-12 November 2017 - Melbourne

Name:

Address:

Postcode:

Mobile:

Email:

Are you currently a Practitioner (please describe):

How would you like to use Reiki?

Would you like to use Reiki with others?

If so, tell us about your target audience?

## PAYMENT DETAILS

A deposit of \$250 is required to secure your course placement

Participant Name:	
I would like to pay: <input type="checkbox"/> Payment in Full \$450 <input type="checkbox"/> Deposit \$250 (non-refundable) <input type="checkbox"/> Balance \$200	
I would like to pay by <input type="checkbox"/> CREDIT CARD	Name on Card: Card Number: Expiry Date: CVV:
I would like to pay by <input type="checkbox"/> DIRECT DEBIT	Details: ANZ K. Wigley 013587 380298047 Date paid: Receipt Number: Please advise when payment made
I would like to pay by <input type="checkbox"/> CASH	Please contact Keren 0409 706727 to arrange
<u>Office Use</u>	
Date received:	Amt:                      BAL:
Balance owing:	Amt:                      DATE PD: